

PLH PARENT-YOUTH FORUM



Why do family conflicts seem to escalate when children become adolescents? Is there a way to make sense of this phenomenon from a systemic understanding of family life?

What are some challenges in relating to your parent/ youth?

With PSPC focusing on the theme of Family this year, the Prinsep Lighthouse (PLH) seeks to serve as a bridge to better communication and understanding between parents and youths.

Come and join us for an interactive forum whereby parents and youths can share with one another some of these pressing issues and concerns in parent-youth relationship. A team of panelists will then share their perspectives and respond to these issues and concerns.

Date: Sunday, 22 March 2009

Venue: MPH (Level 4)

Time: 1.30pm – 3.30pm

(Buffet lunch will be served in the Fellowship Hall from 12.30pm to 1.30pm)

Who should attend?

- PLH youths.
- Parents and guardians of PLH youths.
- Parents with children in upper primary.

Introducing Our Forum Panelists



Eld Dr Alex Lee received his Masters and Doctorate in Social Work from UCLA and is currently Deputy Head at the Department of Social Work, NUS. Among other courses, Alex teaches courses in counselling skills and theories for individual and family practice. In PSPC, Alex serves as an Elder. He is also a worship leader at the 8:45am service and is an active member of a cell group. In the wider church context, he is currently serving as Chairman to the Presbyterian High School Board. He is happily married with Gloria and has a son, Daniel, who will be 14 this year.



Ms Audrey Tan is a teacher by profession and is currently the Dean of Student Services in Singapore Chinese Girls' School (SCGS). In addition to her experience in secondary school education, she had also served as a Prinsep Lighthouse (PLH) mentor in PSPC. Currently, she is a member of The Believers' music ministry and is also actively involved in a cell group.



Ms Jane Chan is a psychologist by profession. She used to work with special needs children and is currently an Assistant Psychologist at the Institute of Mental Health (IMH). She graduated from the Prinsep Lighthouse (PLH) and has been involved in The Campus Hub (TCH) ministry and Discipleship Group for the past 3 years. Currently, she serves as the TCH Chairperson and also as a Sunday School Teacher.