

SERMON OUTLINE

Speaker: Dr Eileen Poh

Text : **Philippians 4: 1 - 9**

Title : **What Fills Your Mind...?**

Introduction

Phil. 4:1

- 1) When you fall out with someone (4:2-3):
 - Be of the same mind, that is, have the mind of Christ (2:5-8)

- 2) When you are anxious (4:4-7):
 - Pray with thanksgiving
 - Let the peace of God guard your hearts and minds in Christ

- 3) What fills your mind? (4:8-9)
 - Think of these things: whatever is excellent and praiseworthy

For Reflection and Action